



# Digestion and Allergy Seminar

## Cambodian Fundraising Day

**DATES:** 19th July 2024

**COST:** \$375.00

Payment plans available

**TIME:** 8:30AM – 4:30PM

**CPD:** 7

Presented by Robert Timmings and Justin Gaffney

### One-day seminar – fully catered

The ECT4Health Digestion and Allergy seminar is designed for all nurses. This topics effects all ages and can present in general as well as specialty areas. This one day seminar is a great way to upskill in these important topics.

This seminar is a fundraising day for AUS-SSC: a charity that run medical clinics in Cambodia each year to provide assistance to rural areas with limited healthcare opportunities. This is a great way to support an Australian company that is doing great work overseas.

Content includes:

- An over view of the GIT system and its role
- What vitamins our body need to function effectively and how we make these
- GORD - its pathophysiology and treatment
- Gastritis
- Diarrhoea and Constipation - pathophysiology, causes and treatments
- Understanding food allergy
- Hands on skill in understanding EPI pens and their use

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## Digestion and Allergy Seminar

<b>Times</b>	<b>Day One Program</b>
8:30	Introduction – house keeping
8:45	Nutrition and Gut Health - the essential vitamins
10:00 – 10:20 Morning Tea	
10:20	GORD and Gastritis
12.00 – 12:40 Lunch	
12:40	Bowel function - diarrhoea and constipation
13:30	Understanding food allergies
14:30 – 14:50 Afternoon Tea	
14:50	Anaphylaxis and management
16:00	Finish

N.B. Please note that this timetable is indicative only and is subject to change.